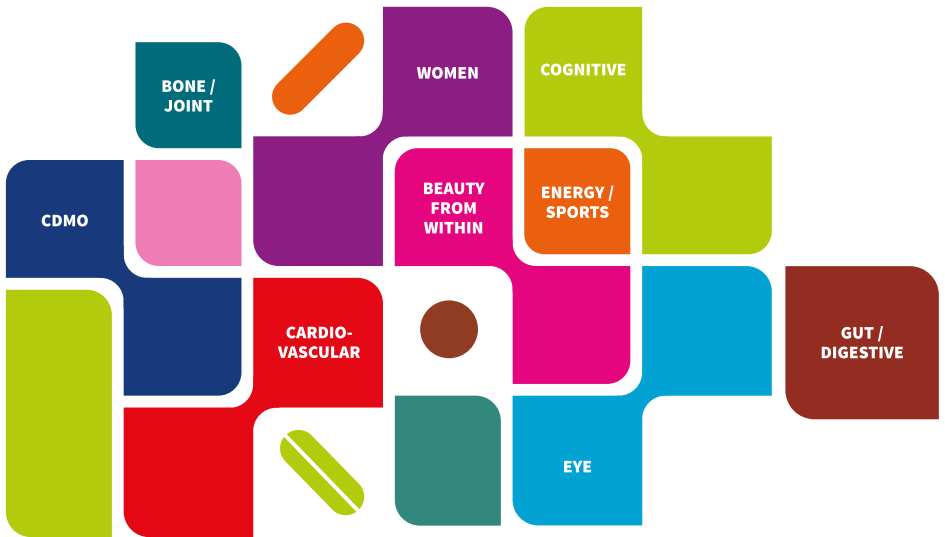


ARCOMPETENCE



OUR YOUR HEALTHCARE
COMPETENCE SOLUTIONS



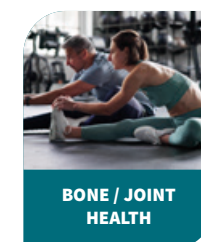
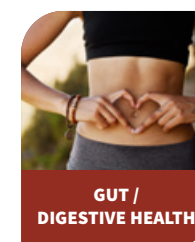
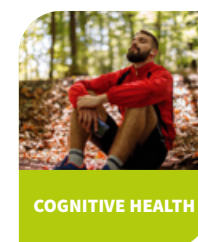
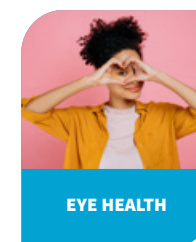
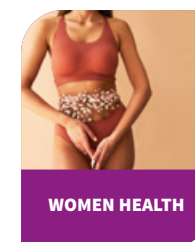
ARCOMPETENCE

This brochure provides an overview of the range of services offered by ARCOMPETENCE.

We offer a wide variety of options, from standard formulations to special compositions with selected active ingredients, combined with the highest quality standards in manufacturing. This guarantees ideal product solutions for all areas of application for active and discerning people of all ages.

EXCELLENCE IN PRODUCT DEVELOPMENT & QUALITY ENGINEERING.

No matter how manifold or challenging your conceptual formulation may be: Our ARCOMPETENCE is in all areas of soft-gel capsule production an essential element for your individual task.





ENERGY / SPORTS NUTRITION



More energy and faster recovery

Active people have high energy requirements. This energy is converted by the human cells from food into the body's own energy, adenosine triphosphate (ATP). To meet this high energy requirement and help cells regenerate faster, it is advisable to take ubiquinol, vitamin B12, and other B vitamins, as well as vitamin D, vitamin K2, and omega-3.



Your Cell
Energy Booster

customized available

CAPSULE COMPOSITION:

250 mg EPA/DHA
60 mg Ubiquinol Kaneka
5 mg Vitamin B5
1,4 mg Vitamin B6
200 µg Folic acid
100 µg Vitamin K2
5 µg Vitamin D3



Ubiquinol, omega-3, vitamin D and vitamin K2: the perfect combination for more energy and faster regeneration

These help to reduce fatigue and exhaustion and contribute to an energy metabolism. In addition, ubiquinol can support cardiovascular function due to its bioenergetic function. To increase metabolism (fat burning), additional intake of CLA may be useful.

Cross-sectional studies show that athletes, and competitive athletes in particular, have a deficiency in omega-3 fatty acids. During every training session, athletes go through phases of physiological stress that are accompanied by temporary inflammation and a disruption of the immune system. Studies have now shown that omega-3 fatty acids have a variety of positive effects for athletes.

Benefits*

✓
Reduction of
tiredness and
fatigue

✓
Supporting
the normal
function of the
nervous system

✓
Normalization
of the
energy-protein
metabolism

✓
Increasing
performance

Benefits Ubiquinol*

✓
Is responsible
for cell energy
production

✓
Supports
energy
production
(ATP)

✓
Helps protect
against
oxidative stress

✓
The strongest
known
phenolic
antioxidant

✓
Supports
the cardio-
vascular
system

in cooperation with



* The statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat or cure any disease.



WOMEN HEALTH

We Care for our Women

Ashwagandha is a powerhouse for body and mind. It can mitigate the effects of stress and promote balance. As an adaptogen, it can lower cortisol and reduce physical and mental exhaustion. It can also promote sleep and strengthen the immune system. It can protect against free radicals, thereby increasing resistance to stress and disease.



KSM-66
Ashwagandha
is a branded, full
spectrum extract

customized available

CAPSULE COMPOSITION:

200 mg Ashwagandha
200 mg Omega 3-6-9
25 mg Soy-Isoflavone
5 mg Lignane
B-Vitamin-Complex



Find your inner peace: Ashwagandha for less stress and more inner balance

This makes ashwagandha a valuable companion for more zest for life, as it can increase energy, endurance, concentration, and mental clarity. It can also support hormone balance and reduce inflammation.

The combination of B vitamins, vitamin D, omega 3-6-9, and ashwagandha promotes inner balance and is therefore a natural source of energy.



Benefits*



Benefits Ashwagandha*



in cooperation with



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EYE HEALTH

Your vision, our focus

Our eyes are important organs that are subjected to many stresses every day, such as computer use, television, lack of sleep, alcohol consumption, and cigarette smoke.

Micronutrients are particularly important for maintaining vision in old age despite these major stress factors and for preventing age-related eye diseases such as macular degeneration and cataracts.



FloraGLO
LUTEIN

Most
clinical
researched Lutein
brand in the
world

customized available

CAPSULE COMPOSITION:

125 mg DHA
40 mg Vitamin C
6 mg Lutein FloraGLO
6 mg Vitamin E
5 mg Zinc
0,35 mg Vitamin B2
0,25 mg Copper
400 µg Provitamin A
28 µm Selenium



FloraGLO to support Macular health, Antioxidants, Zinc, Vitamins and Omega-3 to promote vision

Nutrients such as vitamins, trace elements, and secondary plant substances are important for the metabolism of the eyes. A balanced diet containing fruit and vegetables normally ensures that the body's requirements for these nutrients are met. Stress factors can lead to the formation of free radicals, which can damage the eyes. Antioxidants help maintain vision. The trace elements zinc and copper and vitamins A, C, and E are involved in this process. Omega-3 fatty acids from highly concentrated fish oil also serve as antioxidants. The retina is sensitive to oxidative damage. Omega-3 fatty acids protect the eye from oxidative damage and thus from retinal damage. Lutein and zeaxanthin play an important role in maintaining the health and function of the human macula.

Benefits*



Maintenance of
normal vision



Protection
against
oxidative
stress



Reduction of
tiredness and
fatigue



Benefits FloraGLO*



Better
bioavailability
of lutein vs.
lutein-rich foods



Patented oily
lutein
suspension



The most
clinically studied
lutein brand in
the world



Improved visual
and macular func-
tion for patients
suffering from AMD

in cooperation with



FloraGLO
LUTEIN



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BEAUTY FROM WITHIN



Young, firm and beautiful

Looking young, fresh, and beautiful — who doesn't want that? Since skin, hair, and nails regenerate primarily from within, we need various nutrients to maintain our beauty. Collagen and hyaluronic acid are essential building blocks for firm, smooth skin with a youthful radiance. The body cannot always provide these in sufficient quantities. Environmental influences such as sun, smog, and stress can also lead to an increased need. In addition, *with increasing age, the natural production of collagen and hyaluronic acid steadily decreases.*



Greenluronic®
First patented
vegan
hyaluronic acid
produced by
extraction



Cartidyss®
Clinically proven
low dosage marine
collagen from a
sustainable
source in
Brittany

customized available

CAPSULE COMPOSITION:

250 mg Collagen
(Cartidyss®)
50 mg Greenluronic®
500 mg Borage oil
40 mg Vitamin C

Natural beauty from within: the power of collagen and hyaluronic acid for beautiful skin

They also complement each other perfectly in anti-aging skin care. While collagen promotes skin *firmness and elasticity*, hyaluronic acid provides *intensive moisture* and a *plumped, refreshed appearance*.

Greeniuronic (patented vegan hyaluronic acid) and Cartidyss (fish collagen type II) combined in a capsule, with the addition of vitamin C, show visible improvements after just 90 days.



Benefits Cartidyss*



Skin and joint health



Significant improvement in the density of the dermis (collagen matrix)



Significantly reduces wrinkles



Improves the elasticity of the skin and the skin's moisture content

Benefits Greenluronic*



Wound healing: High-molecular hyaluronic acid promotes wound healing



Activates genes that are crucial for cell growth, movement and matrix formation, while suppressing inflammation



Moisture and protection: High-molecular hyaluronic acid forms a film on the skin that acts as a long-lasting moisture barrier

in cooperation with



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COGNITIVE HEALTH

For more concentration and balance

Our society is demanding based on performance and endeavours to stay in shape physically and mentally.



#1 branded
Bacopa, Power
of 9 Bioactive
compounds,
natural brain
performer

customized available

CAPSULE COMPOSITION:

250 mg DHA
100 mg Bacopa monnieri
100 mg Phosphatidylserine
80 mg Vitamin C
14 mg Iron
2 mg Vitamin B6

Less stress, more energy – for strong mental health

Bacopa monnieri and phosphatidylserine are known for their power to instantly improve memory and alertness. Omega 3 is widely recognised for its positive effects on maintaining brain function. The careful selection of ingredients Bacopa monnieri and phosphatidylserine provide targeted support to boost memory, relieve stress and nervousness, and enhance mental performance. Phosphatidylserine can reduce stress, promote sleep and reduce cortisol.



Benefits*

- ✓ Maintenance of normal brain function
- ✓ Reduction of tiredness and fatigue
- ✓ Increasing mental performance

Benefits Bacopa monnieri and Phosphatidylserine*

- ✓ Promotes concentration
- ✓ Calming effect on the nervous system
- ✓ Reduces stress and anxiety
- ✓ Support for the brain and nerve cells

in cooperation with



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GUT / DIGESTIVE HEALTH



For an active life without bladder problems

Every year, numerous women suffer from bladder infections. Some experience it for the first time, while many others suffer from this painful condition repeatedly. Bladder infections are relatively common, with around a quarter of all women suffering from them at least once in their lives. The condition begins with a slight pulling sensation in the lower abdomen. This is followed by extremely unpleasant symptoms, such as a burning sensation when urinating and abdominal pain. A typical bladder infection causes a constant urge to go to the toilet.

Cranberry -
Natural
protection
for your
bladder

customized available

CAPSULE COMPOSITION:

100 mg Pumpkinseed oil
45 mg Cranberry (20% PAC)
40 mg Vitamin C
5 mg Zinc
27,5 µg Selenium



Natural protection against bladder infections with cranberries

Most risk factors cannot be influenced, but a healthy immune system helps to prevent bladder problems. Many women rely on cranberries to protect themselves from unpleasant bladder infections.

The intensely red cranberries are rich in vitamin C, numerous minerals, and secondary plant substances known as proanthocyanidins (PACs).



Benefits*



Contributes
to the normal
function of the
immune system



Protects the body's
cell components
from oxidative
stress



Maintains
healthy mucous
membranes and
e.g. the bladder



Bacterial
non-stick effect
on the bladder
wall



Anti-adhesion effect
in human urine
has been proven in
clinical studies



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CARDIO- VASCULAR HEALTH



For cardiovascular health that lasts

Cardiovascular diseases such as high blood pressure and heart failure, strokes and heart attacks are still among the most common diseases in industrialised nations.

Omega-3 &
olive polyphenols –
for a strong heart
and healthy blood
vessels

customized available

CAPSULE COMPOSITION:

125 mg EPA/DHA
15 mg Q10
6 mg Vitamin E
2,5 mg Hydroxytyrosol
1 mg Vitamin B6
0,55 mg Vitamin B1
200 µg Folic acid
2,5 µg Vitamin D3
1,25 µg Vitamin B12

Healthy through life: Optimal heart function with the best nutrients for your heart

Scientific studies have shown a link between the concentration of omega 3 in tissue, blood and red blood cells and the cardiovascular system in general. A higher omega 3 diet leads to recognised, proven beneficial effects in the area of heart and blood vessel health.

Another essential component for a healthy cardiovascular system are olive polyphenols, more precisely the hydroxytyrosol they contain. Nutritional studies have shown that olive polyphenols protect blood lipids (LDL) from oxidation. LDL is responsible for the transport of cholesterol in the body, LDL is easily oxidised and can then be absorbed by the arterial walls, which medical research considers to be one of the causes of arteriosclerosis.

The omega 3 fatty acids EPA/DHA contribute to normal heart function.

Benefits*

✓
Protection
against
oxidative stress

✓
Protection
of cell
components

✓
Normalization
of blood
pressure

✓
Normalization
of the
cholesterol
level

✓
Improvement of
heart function,
vision and brain
function

✓
Contributes to the normal
functioning of the heart,
energy metabolism and
nervous system



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BONE / JOINT HEALTH



For your every move

Healthy joints and cartilage are crucial for mobility and quality of life, especially with advancing age but also after joint surgery.

Hyaluronic acid and collagen play an essential role in maintaining joint function. Greenluronic®, a vegan hyaluronic acid extracted from the silver reed fungus, leads to improved joint lubrication and reduced friction.



Greenluronic®
First patented
vegan
hyaluronic acid
produced by
extraction

Cartidyss®
for beauty without

Cartidyss®
Clinically proven
low dosage marine
collagen from a
sustainable
source in
Brittany

customized available

CAPSULE COMPOSITION:

250 mg Collagen
(Cartidyss®)
50 mg Greenluronic®
500 mg Omega 3
40 mg Vitamin C
100 µg Vitamin K2
5 µg Vitamin D3

The natural power of hyaluronic acid and collagen for strong joints



It also has anti-inflammatory properties and supports the regeneration of healthy cartilage. In addition, the product contains collagen type II (Cartidyss®), which promotes the regeneration of cartilage tissue, protects against wear and tear and relieves joint pain. Clinical studies show that a daily dose of 1000 mg Cartidyss® can bring about a noticeable reduction in joint pain after around three months.

Clinical studies show the positive effect of hyaluronic acid and collagen type II on joint health.

Benefits Cartidyss*

✓
Regeneration and
repair of cartilage tissue
through amino acids
contained in collagen

✓
Anti-
inflammatory
and
pain-relieving

✓
Protection against wear and tear: Collagen supports
the stability and elasticity of the cartilage layer,
which serves as a cushion between the bones and
thus prevents direct friction between the bones



Benefits Greenluronic*

✓
Pain relief

✓
Better
lubrication of
the joints

✓
Stimulates the production of
aggrecan, a key component of
healthy cartilage, and better supports
the proliferation of chondrocytes

in cooperation with

VIVATIS
PHARMA

✓
Relief of joint
pain



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UNLOCK THE BOTANICAL POWER.

NATURAL INGREDIENTS
FOR YOUR INDIVIDUAL
NEEDS.



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ENCAPSULATED CARE

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